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About This Guide

Hooray for Health! is a health curriculum activity guide designed for teachers, after-school providers, and school nurses. It was developed by a team of health experts and early childhood educators. ARTHUR characters introduce five units exploring five distinct early childhood health themes: good nutrition and exercise (*Eat Well. Stay Fit.*), dental health (*Open Wide!*), emotions (*Dealing with Feelings*), head lice (*Head Lice Advice*), and asthma (*All About Asthma*). Each unit includes background information, age-appropriate activities, a book list, a featured ARTHUR show, and family activity sheets in English and Spanish. Visit the ARTHUR Web site (pbskids.org/arthur/grownups) to find family activity sheets in Vietnamese, Chinese, and Tagalog.

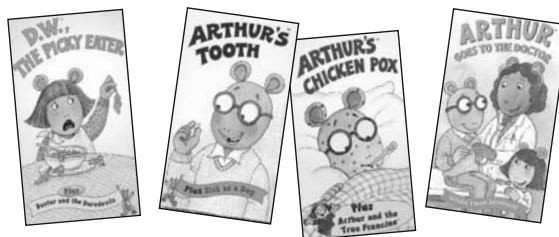
Many experts agree that high quality television can inspire active learning. Each *Hooray for Health!* theme is introduced in an ARTHUR show which can be used to begin or expand the unit. (For information about taping the show or obtaining home videos, please see page 32.) Because the ARTHUR characters so accurately reflect the joys and dilemmas of growing up, the show is remarkably well-suited to helping children understand themselves and the world around them. We hope that Arthur and this guide help you and your kids have fun exploring these important health themes.

Taping ARTHUR™ shows

You can tape any ARTHUR TV show off the air and use it for educational purposes for up to one year after broadcast. For specific broadcast dates, call your local PBS station, or check the episode listings in the Grown-Ups area on the ARTHUR Web site: pbskids.org/arthur

ARTHUR Home Videos

The ARTHUR episodes recommended in this guide are also available as home videos. Look for them in your library. Educators interested in purchasing any of the ARTHUR videos featured in this guide can call 1-800-949-8670 or write WGBH Boston Video, PO Box 2284, South Burlington, VT 05407-2284. Mention or indicate keycode "ARTEDU" to get 10% off each video! Order all four, and get 20% off! Offer expires November 30, 2003.



Arthur Goes to the Doctor includes Arthur's Knee (simple first aid), Buster's Breathless (asthma), and The Lousy Week (head lice).

Call
1-800-949-
8670 to
order ARTHUR
videos.

ARTHUR on the Web: pbskids.org/arthur

- Do you have students whose home language is Chinese, Vietnamese, or Tagalog? The *Hooray for Health!* Family Activity and Tip sheets have been translated into these languages. Visit the ARTHUR Web site at pbskids.org/arthur/grownups to print them out.

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