

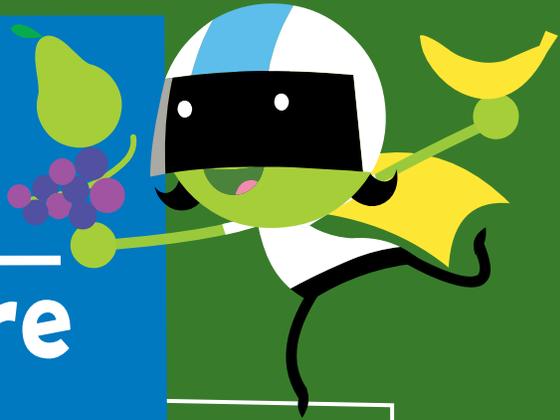
A wooden fence with silhouettes of a red elephant, a red monkey, a red giraffe, and a red lion on top.

SUMMER SAFARI

A green cartoon boy with large eyes, wearing a white shirt and blue pants, holding a string attached to a ball.

August
+ You

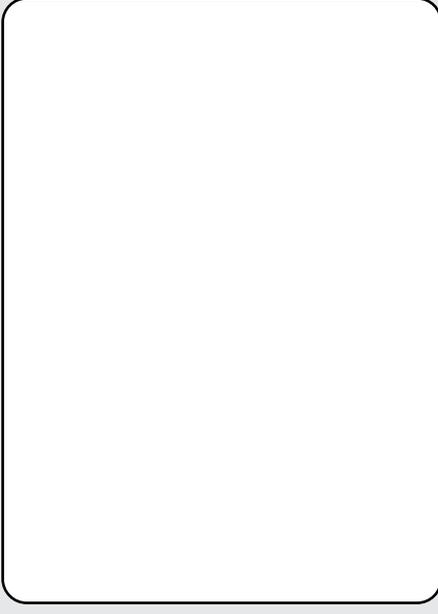
Adventure

A green cartoon superhero with a black mask, a white and blue helmet, and a yellow cape, holding a banana and a bunch of grapes.



Trading Cards

Arthur and his friends made trading cards. Color Arthur's card and create a card of your own by drawing a self-portrait and including your favorite joke and the place you want to visit most!

	<p>Arthur[®]</p> <p>Favorite Joke: I took Pal to see a flea circus, but he stole the show!!!</p> <p>Place I most want to visit: Mount Everest</p>
	<p>Favorite Joke:</p> <hr/> <hr/> <hr/> <p>Place I most want to visit:</p> <hr/> <hr/> <hr/>

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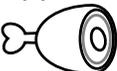
"I Tried It" Taste Test

Sometimes when you solve problems, you have to try again and again to find the right answer. You can do the same thing with food! If you try lots of different foods, you will find something you really love.

Try out foods from each category:

A Fruit, like an apple or a .

A Vegetable, like broccoli or a .

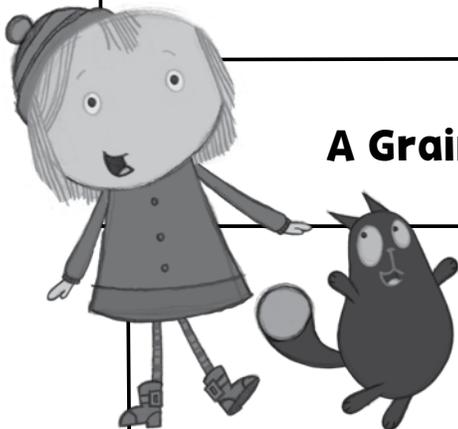
A Protein, like  or nuts.

A Dairy Food, like  or yogurt.

Or a Grain Food, like  or cereal.

Then, draw or write the name of the food you tried in the box for each category and check the box for your result. Was it yummy, so-so, or not so good?

A Fruit	 Yum!	 So-So	 Not So Good
A Vegetable	 Yum!	 So-So	 Not So Good
A Protein	 Yum!	 So-So	 Not So Good
A Dairy Food	 Yum!	 So-So	 Not So Good
A Grain Food	 Yum!	 So-So	 Not So Good



peg+cat

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Back-to-School Checklist

(check boxes for each item below)

I practiced my morning routine 3 times.

I woke up, got dressed, washed up, brushed my teeth and ate my breakfast just like I'll do on school days - three days in a row!

I learned how to walk to school or to my bus stop.

I know where my school or bus stop is, and who I'll walk to school or wait at my bus stop with each morning. I also know how I'll get home after school each day.

I organized all my clothes!

I know where I put all my clothes including the clothes I wear to school each day. I also know where to put my clothes when they're dirty.

I know where I'll put my backpack, books and school supplies each day.

I have a special place to keep my school bag and books so I will always be able to find them when I need them.

I'm healthy.

I've visited my doctor for my back-to-school check-up. I know how tall I am and how much I weigh.

I know what I'm having for lunch.

I know how to order my lunch at school, or what I'll bring in my lunch box each day.



My parents and I know who my teacher is.

I know my teacher's name, and my parents know how to contact my teacher if they have questions about how I'm doing in school.



I know what I'm doing when I get home from school each day.

My parents and I know what my afternoon schedule is. We know where I'll be after school, when I can play with friends, when I need to do school work, when I'll have dinner and when it's bedtime.

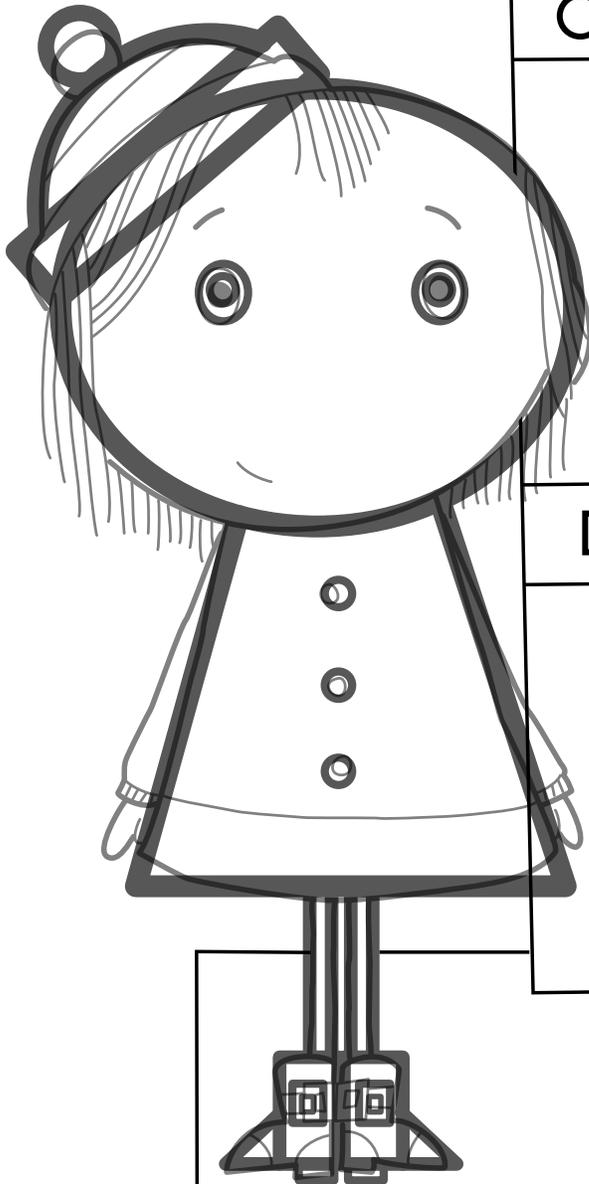


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I Spy Peg



Peg is made up of lots of different shapes! Look at the drawing of Peg below and talk with your child about the shapes that make up Peg. Then, take the activity outside and look for things in the real world that have the same shapes as those that make up Peg!



 Circle	 Oval	 Semicircle
 Square	 Rectangle	 Triangle

peg + cat

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Recipe for fun!

Cooking with your child gives you an opportunity to explore words and ideas together. If your child is not yet reading or writing, help them figure out the first letter in their favorite foods or ingredients. If your child is writing, talk with them about their favorite foods and have them write up their own recipe for a family favorite or create a family cookbook containing all their favorites.

Chef Pisghetti's Giardino Burgers

Make giardino burgers just like George did!

Makes about 6 burgers.

INGREDIENTS:

- 1 15-oz. can garbanzo beans (chick peas)
- 3 eggs
- Salt & pepper
- 1 cup bread crumbs
- 6 hamburger buns
- Ketchup, mustard, etc.

DIRECTIONS:

1. Ask a grown-up for help.
2. Preheat oven to 350°.
3. Put the garbanzos and eggs in a bowl and mash them together.
4. Season with salt and pepper.
5. Add the bread crumbs and mix them in.
6. Add any veggies you like. Experiment like Chef Pisghetti did to find YOUR perfect burger!
7. Form the mixture into patties. After washing your hands, take a handful and roll it into a ball. Then flatten the ball between your hands to make the patty.
8. Put patties on a baking sheet and bake at 350° for 25 minutes.
9. Place cooked burgers on buns and add whatever you would add to a hamburger.
10. EAT AND ENJOY!



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Thank You Notes

Talk with your child about appreciation and giving thanks. Ask him questions, like "Are there things you are thankful for?" and "What people would you like to thank? Your mom or dad, sisters or brothers, neighbors or teachers?" Work with him to fill in these thank you cards for special people in his life and have him deliver or mail them.

1. Print this sheet.
2. Cut along dotted lines.
3. Write your thank you messages in the spaces provided.
4. Deliver or mail them.

Thank You



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Let's Build a Bird Feeder

Encourage curiosity and build skills at home with this fun Bird Feeder activity. Work together to follow the plan below and build your bird feeder. Then, just like George, observe with curiosity to see what happens!

MATERIALS:

Parts

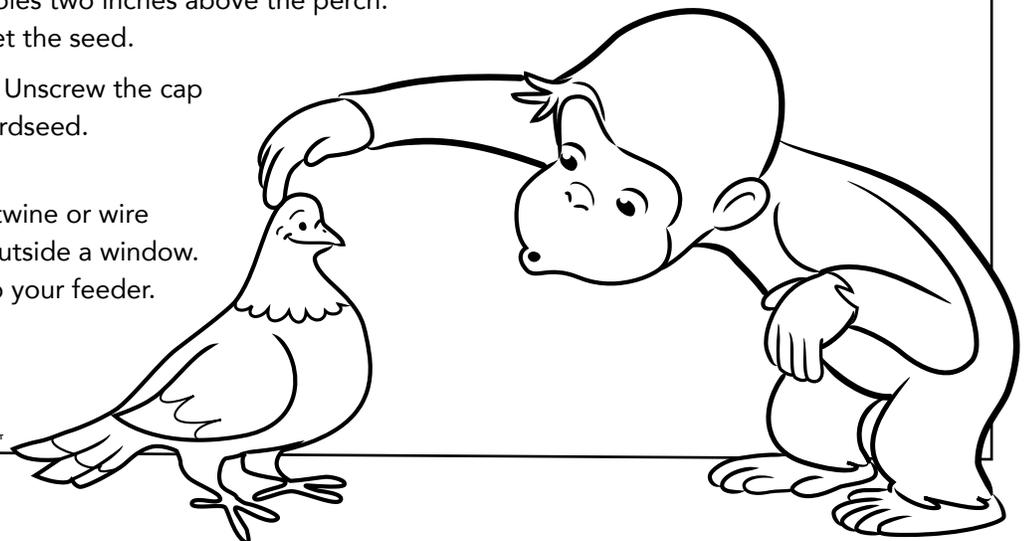
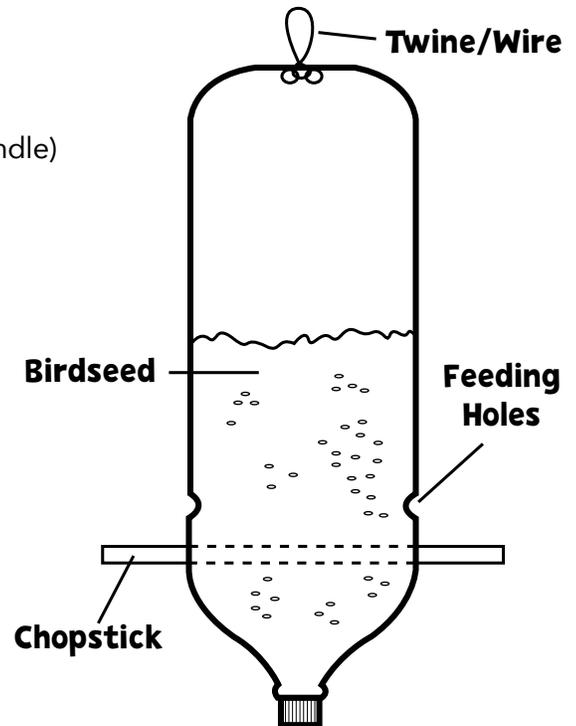
- 2-liter plastic bottle
- 1 set of chopsticks
- birdseed

Tools

- twine or wire
- scissors/knife (only adults handle)
- funnel

DIRECTIONS:

1. Ask your child to help you divide the materials into parts and tools. Then, wash the bottle to remove all labels. Dry it with a towel.
2. Turn the bottle over. Ask your child which tool you should use to cut or poke two small holes in the bottom of the bottle (scissors/knife). When done, thread twine or wire through one hole and out the other. Loosely tie the twine or wire together to make a loop for hanging. The bottom of the bottle will become the top of the feeder.
3. Cut or poke two holes on opposite sides of the bottle, three inches from the bottle cap. Make the holes just large enough for a chopstick to fit through. Ask your child which part should go through the holes (chopstick). Insert the chopstick; this will serve as a perch for the birds to sit on.
4. Cut or poke one-third-inch holes two inches above the perch. This is where the birds will get the seed.
5. Turn the bottle right-side up. Unscrew the cap and fill half the bottle with birdseed. Replace the cap.
6. Turn the bottle over. Tie the twine or wire around a tree limb or hang outside a window. Watch the birds that come to your feeder.



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